

# September Monthly News

2018



## Message from the Principal

Dear Parents,

On behalf of the staff team, I would like to extend a warm welcome to all our returning families, as well as to our new ones! It has been a great pleasure to meet so many of you during our 'Special Play Date' session and our 'Parent Orientation' which were held at the beginning of September. For those who couldn't attend these events, please rest assured that there will be plenty of other opportunities for parental involvement throughout the school year.

Term 1 is off to a great start at TIN DSO! Most of the children are settling in well into the new school year and getting used to their daily routines. It's also great to see new friendships forming already.

If your child doesn't seem completely settled yet, do not worry! Have a look at the '*Tips to Help your Child during Settling in*' which we have prepared for you. If you require any further support or have other queries or concerns with regards to this matter, please don't hesitate to contact me.

I thank you for your continued support. We are excited to see what the rest of the school year has in store! ☺

Best regards,

Carol Oliveira  
Principal at TIN DSO

## Arrivals & Dismissals



Please ensure that your child is at the Nursery by 8:30 am. Punctuality is vital as being late and missing out on part of their daily routine can be very upsetting for a child.

Dismissal time for those who are not part of our Extended Day Programme is from 12:15pm-12:30pm. Those taking part in our extended day programme have an option of being collected at 2pm, 5pm or 6pm. **Late collections can also be truly upsetting for a child, especially during the settling in period. Your support with this is greatly appreciated.** ☺

## Important Reminders...



- **Food:** A good diet is particularly important for young children as it affects their growth & development. At TIN we promote healthy eating so please ensure that you only send nutritious meals to school. Cut-up fresh fruits or vegetables, yoghurt, cheese or a simple sandwich are examples of appropriate healthy snack choices. Carbonated drinks, chocolate & chocolate spread, sweets and crisps should NOT be sent to school.
- **Uniform:** If you haven't bought your child's uniform yet, please remember to do so. All sizes are now available at our Admin Office. The school uniform must be worn from Sunday to Wednesday. Thursday is a casual day.
- **Backpacks:** Please do not send oversized bags to the Nursery. We are encouraging children to become more independent. Therefore, each child will be encouraged to manage their own belongings.



# Tips to Help your Child During Settling in...



Although most of our new & returning children have now settled, some of them still have those days in which they cry or struggle a bit more to let go of mum or dad. We understand how distressing this can be for the child and for the parents, but would like to reassure you that this behaviour is absolutely normal. Most children tend to take 2 to 3 weeks to settle and, even after this time, some might still get occasionally upset - especially after being away from the nursery for some time or right after the weekend.

For those children who still haven't adjusted completely, it's important for parents to work very closely with the class teacher, communicate your concerns and stick to the 'shorter settling in sessions' for a bit longer if needed. Here are some other tips/ideas that can help your child settle & eventually start to look forward to coming to school! ☺

- ❖ **Keep your Goodbyes 'Short & Sweet':** When dropping off your child, avoid sneaking out. Instead, establish a daily routine of saying a pleasant, loving, yet firm and short goodbye. Extending your goodbyes or going back into the classroom several times will only make things more difficult for your child. As hard as it can be to leave a child who's screaming & crying for you, it's important to have confidence that the teacher can handle it. Rest assured that we will always contact you if needed!
- ❖ **Bedtime Routine:** It has been observed that children who don't get a good night sleep often tend to take longer to settle and make the most of their day at school. To help your child arrive fresh and prepared for their day, try and establish a consistent bedtime routine at home. All children between 1-2 years of age should get around 11-14 hours of sleep at night. Children between 3-5 years of age should sleep from 10-13 hours per night.
- ❖ **Stay positive about the Nursery!** It's understandable for parents to get concerned when a child appears to be taking long to settle. However, try to avoid displaying your concerns in front of your child. Talk about the nursery in positive terms! For instance, you can talk to your child about his/her new friends, his teacher and the many fun things he/she will do. Don't forget to also reinforce that you will always come back to pick him/her up!
- ❖ **Follow through your Promises:** Do try your best to come back at the time you said you would! This will help your child develop confidence that they can make it through the time separated from you. Explain this in a way that your child can understand, such as "I'll be back after story-time".

**A BIG thank you to all parents for your support & cooperation during this period of transition! ☺**



Find us on  
**Facebook**

**Toddlers International Nursery  
Dubai Silicon Oasis**

**PLEASE NOTE:** We also have a Facebook Closed Group accessible to DSO families only.

If you have any queries regarding how to join the group, please contact our Admin office.

**What will we learn  
about in October?**



**Fruits, Vegetables &  
Healthy Eating**



## Monthly Newsletter September 2018

Dear Parents,

A warm welcome to all our families!

The new academic year 2018-2019 is off to a great start! Most of the children have already adjusted to their new class environment and they have also started to demonstrate a great interest in the activities being introduced. During this month the classroom rules and routine have also been established: the children learnt how to remove and put toys back on the shelves, take care of books, tuck in their chairs and clean up after snack time.

The theme for September was **"All About Me & My Environment."** This theme addressed skills and concepts that are important for children as they grow up, such as: learning how to answer, "What's your name?", learning about emotions, personal hygiene and - most of all - knowing that everyone is unique and special! **"All About Me & My Environment"** helped the children celebrate their individuality and learnt about differences and similarities too.

The children greatly enjoyed sharing their own feelings and experiences with their friends in the classroom and they had many opportunities to develop their Personal, Social and Emotional skills further.

Our sub-topic for September was "My Family": The children had a wonderful time during our "Show and Tell" activity and they enjoyed presenting their own "Family Tree" to their classmates. We are grateful to all the parents for helping the children create a "Family Tree" and highly appreciate your cooperation.

Nimrit had her 3<sup>rd</sup> birthday celebration in September with her family and friends in the classroom. Thank you to Nimrit and her family for celebrating this special day with us.



Additionally, throughout the month, the children have engaged in various other activities like colouring, painting, free play, dance and movement, games, as well as art and craft activities related to the theme.

# Activities Based on the 7 Areas of Learning

## Personal Social and Emotional Development:

- Focus on independence in the area of taking care of own belongings, eating independently and expressing the need to and using the washroom independently.
- Children are encouraged to interact, communicate, help each other and work in groups sharing and taking turns through different group activities.
- Discussion about different emotions and how we should express our feelings and needs in words.
- Motivating children to talk about their family members and how they call them through the family tree show and tell activity.
- Reinforce routines related to: tidying up, being responsible for materials and social behaviour.

## Physical Development:

### Gross Motor:

- Daily stretching and movement exercises.
- Play in the Indoor area, climbing, sliding, jumping and balancing on the balancing equipment.
- Throwing and catching a ball.

### Fine Motor skills:

- Sensory and fine motor activities: Pouring and transferring rice, oat flakes, and pompoms. Transferring and pouring water using a sponge. Fish out items using a strainer.
- Threading, pegging linking lings together, and building towers and models using blocks.
- **Pre- writing activities:** Paper Tearing and use of glue stick to stick within an object.
- Using a Q- tip to paint within a surface
- Free painting, colouring and mark making using paints, crayons and colour pencils.

## Mathematics:

- Gaining number awareness through stories and rhymes.
- Rote counting numbers 1-10 and counting the number of friends in the classroom.
- Revision of primary colours through recognition and painting and activities.
- Revision of shapes through games, activities and crafts.

## Communication/Language and Literacy:

- Children were exposed to vocabulary related to: the different parts of one's face and body, different emotions, our 5 senses and what we can do with them and names we may call our mother, father, brother, sister and grandparents.
- Greetings and using short sentences like: Good morning, I am fine thank you, present I am here, My name is ....., I am a boy/ girl, I am happy, I am sad, please give me, thank you and sorry.
- Children are exposed to different Stories, action rhymes and circle time activities to help develop their communication, language and literacy awareness.
- **Stories:** "Llama Llama misses Mama" "Now I am Big", "My Body", "Rainbow fish", "Goldie Locks and the Three Bears".
- **Songs:** "Head, Shoulders, Knees and Toes", "I am special, I am special", "If your happy and you know it" "Good morning and greeting songs, 7 days of the week".

## Understanding of the World:

- Learning about the different parts of our body and what we can do with it through discussions, stories, songs, flashcards and activities.
- Talking about one's family members and how we call them in different families.
- Children showed their family pictures and talk about their own families.
- Looking at different feeling and emotions and how we should express them.
- Gaining the understanding and ability to express ones name, gender and how we feel during different parts of the day.

## Expressive Arts and Design:

- My face craft
- Making one's body using shapes.
- Girl/ Boy craft
- Tearing and sticking activities.
- Painting and mark making activities
- Exploring musical instruments and following the beats on drums and shakers.



Here are a few photos of what we have been up to this month...







The theme for October will be: “ **Fruits, Vegetables & Healthy Eating**”. We are looking forward to another fun month ahead!  
Thank you for your cooperation!

Regards,  
Mrs Natalie