

September Monthly News

2018



Message from the Principal

Dear Parents,

On behalf of the staff team, I would like to extend a warm welcome to all our returning families, as well as to our new ones! It has been a great pleasure to meet so many of you during our 'Special Play Date' session and our 'Parent Orientation' which were held at the beginning of September. For those who couldn't attend these events, please rest assured that there will be plenty of other opportunities for parental involvement throughout the school year.

Term 1 is off to a great start at TIN DSO! Most of the children are settling in well into the new school year and getting used to their daily routines. It's also great to see new friendships forming already.

If your child doesn't seem completely settled yet, do not worry! Have a look at the '*Tips to Help your Child during Settling in*' which we have prepared for you. If you require any further support or have other queries or concerns with regards to this matter, please don't hesitate to contact me.

I thank you for your continued support. We are excited to see what the rest of the school year has in store! ☺

Best regards,

Carol Oliveira
Principal at TIN DSO

Arrivals & Dismissals



Please ensure that your child is at the Nursery by 8:30 am. Punctuality is vital as being late and missing out on part of their daily routine can be very upsetting for a child.

Dismissal time for those who are not part of our Extended Day Programme is from 12:15pm-12:30pm. Those taking part in our extended day programme have an option of being collected at 2pm, 5pm or 6pm. **Late collections can also be truly upsetting for a child, especially during the settling in period. Your support with this is greatly appreciated.** ☺

Important Reminders...



- **Food:** A good diet is particularly important for young children as it affects their growth & development. At TIN we promote healthy eating so please ensure that you only send nutritious meals to school. Cut-up fresh fruits or vegetables, yoghurt, cheese or a simple sandwich are examples of appropriate healthy snack choices. Carbonated drinks, chocolate & chocolate spread, sweets and crisps should NOT be sent to school.
- **Uniform:** If you haven't bought your child's uniform yet, please remember to do so. All sizes are now available at our Admin Office. The school uniform must be worn from Sunday to Wednesday. Thursday is a casual day.
- **Backpacks:** Please do not send oversized bags to the Nursery. We are encouraging children to become more independent. Therefore, each child will be encouraged to manage their own belongings.



Tips to Help your Child During Settling in...



Although most of our new & returning children have now settled, some of them still have those days in which they cry or struggle a bit more to let go of mum or dad. We understand how distressing this can be for the child and for the parents, but would like to reassure you that this behaviour is absolutely normal. Most children tend to take 2 to 3 weeks to settle and, even after this time, some might still get occasionally upset - especially after being away from the nursery for some time or right after the weekend.

For those children who still haven't adjusted completely, it's important for parents to work very closely with the class teacher, communicate your concerns and stick to the 'shorter settling in sessions' for a bit longer if needed. Here are some other tips/ideas that can help your child settle & eventually start to look forward to coming to school! 😊

- ❖ **Keep your Goodbyes 'Short & Sweet'!**: When dropping off your child, avoid sneaking out. Instead, establish a daily routine of saying a pleasant, loving, yet firm and short goodbye. Extending your goodbyes or going back into the classroom several times will only make things more difficult for your child. As hard as it can be to leave a child who's screaming & crying for you, it's important to have confidence that the teacher can handle it. Rest assured that we will always contact you if needed!
- ❖ **Bedtime Routine**: It has been observed that children who don't get a good night sleep often tend to take longer to settle and make the most of their day at school. To help your child arrive fresh and prepared for their day, try and establish a consistent bedtime routine at home. All children between 1-2 years of age should get around 11-14 hours of sleep at night. Children between 3-5 years of age should sleep from 10-13 hours per night.
- ❖ **Stay positive about the Nursery!**: It's understandable for parents to get concerned when a child appears to be taking long to settle. However, try to avoid displaying your concerns in front of your child. Talk about the nursery in positive terms! For instance, you can talk to your child about his/her new friends, his teacher and the many fun things he/she will do. Don't forget to also reinforce that you will always come back to pick him/her up!
- ❖ **Follow through your Promises**: Do try your best to come back at the time you said you would! This will help your child develop confidence that they can make it through the time separated from you. Explain this in a way that your child can understand, such as "I'll be back after story-time".

A BIG thank you to all parents for your support & cooperation during this period of transition! 😊



Find us on
Facebook

**Toddlers International Nursery
Dubai Silicon Oasis**

PLEASE NOTE: We also have a Facebook Closed Group accessible to DSO families only.

If you have any queries regarding how to join the group, please contact our Admin office.

What will we learn
about in October?



**Fruits, Vegetables &
Healthy Eating**



Caring Caterpillars

Tiny Tots Programme

'All About Me & My Environment' - September 2018



Dear Parents,

Firstly, I would like to extend a very warm welcome to all members of our Tiny Tots - Caring Caterpillar class! We would also like to express how lovely it was to meet you and to start getting to know your child better over the past few weeks. Our lovely teacher assistants, Ms Roxanne, Ms Mary Jane, and I are all very excited about the year ahead!

We have had a great first month so far! Some of the children are still settling in, adapting to the new environment and routine. During the month of September, the children have taken part in many fun activities, such as: making their own family tree and talking about their family members, art collage, sensory, baking, 'Family Dress up Day', 'Five Senses Day', dancing, singing, colouring and enjoying our indoor play area. As the weather started to get better, we have also started to go outdoors for the children to get some fresh air and explore nature.

Please have a look at our photos below!

Next month our topic will be: **'Fruits, Vegetables & Healthy Eating'**.

Please feel free to contact me with any questions or concerns you may have.

Sincerely,

Ms Joudia, Ms Roxanne & Ms Mary Jane













