

# November Newsletter



## Message from the Principal

Dear Parents,

Time really flies when you're having fun! The month of November has been super busy and now the end of term 1 is right around the corner...

During this exciting month the children were given many opportunities to experience various fun celebrations. Do check out the awesome photos of these activities which your child's class teacher has added to this Newsletter. ☺

**The dentist also came in for a visit!** In addition to checking the teeth of the children above 2 years of age, she reinforced the importance of oral hygiene & healthy eating through a fun activity with toys & puppets. With this in mind, I would like to kindly request parents to avoid giving your child sweets like lollipops, candies and chocolates, especially in the mornings. To help children develop healthy eating habits in the Early Years and ensure healthy teeth & gums, these treats should not be given on a regular basis. Cutting fruits into fun shapes with cookie cutters or giving them dried fruits, raisins, dates, etc. would be a much better and healthier option.

November is also that exciting month in which the children start preparing a special dance or activity to share with their families at the end of our first term. It has been amazing to walk into different classrooms and take a peek at what they are preparing for you! **DO make time to join us on your child's special festive or concert day!** Kindly check the calendar on this page for the date.

Looking forward to another fun-filled month!

Carol Oliveira  
Principal at TIN DSO



## Important Dates

- ❖ Sunday 2<sup>nd</sup> Dec & Mon 3<sup>rd</sup> Dec: UAE National Day Holiday (**\*\*Nursery will be closed**).
- ❖ Tuesday 4<sup>th</sup> Dec: Happy Hippos' Family Festive Day
- ❖ Wednesday 5<sup>th</sup> Dec: Delightful Dolphins' Family Festive Day
- ❖ Thursday 6<sup>th</sup> Dec: Playful Pandas' Family Festive Day
- ❖ **Saturday 8<sup>th</sup> Dec - Parent Teacher Meetings** 
- ❖ Sunday 9<sup>th</sup> Dec: Caring Caterpillars' Family Festive Day
- ❖ Monday 10<sup>th</sup> Dec: Terrific Tigers' Winter Concert
- ❖ Tuesday 11<sup>th</sup> Dec: Sensible Snakes' Winter Concert
- ❖ Wednesday 12<sup>th</sup> Dec: Brilliant Bears' Winter Concert
- ❖ **Thursday 13<sup>th</sup> Dec: Last Day of Term 1! Please Note:** On the last day we will have our end of term party, as well as a special music session with Kiddie Gym and a visit from Santa Claus! ☺ More details will soon follow.
- ❖ **WINTER CAMP:** 16<sup>th</sup> Dec - 3<sup>rd</sup> January (**\*\*1<sup>st</sup> Jan is a Public Holiday. Nursery will be closed**).

# The Day the Dentist Came to Visit...



## How to Help your Child Become More Independent

(By Carol Oliveira)



We also had a workshop this month! It focused on the importance of helping children to become more independent. Here are a few tips on how to support your little ones in this area on a daily basis:

**Give them time!** We're often in a rush & end up not giving our child enough time to complete tasks. Children will certainly do things slower than us, but **be patient** & allow them to follow their own pace. This is a must in order for them to improve their ability to do things independently!

**Allow them to make choices:** This will empower them & teach them to be more self-reliant. Of course there are certain things which they **MUST** do, like taking a shower. Nonetheless, even in this case you can still give them a choice! For example: *"Would you like to take a shower now or in 5 minutes?"*

**Forget Perfection!** It is very unlikely that children will do things perfectly when they are learning. The food might be all over the place when they feed themselves, shoes might be put on the wrong feet, they might spill juice when pouring it, etc. Getting upset over these mistakes will only discourage children from trying. Instead, get into a habit of praising their efforts & guiding them on how to fix the problem or do better next time.

**Trust & Encourage:** Allowing your child to do things independently & encouraging them to try new things on their own shows them that we trust & believe in them. And isn't it great when we feel people trust us to do things?! Your child feels the same way! Your encouragement, trust and support will boost their self-confidence and enhance their self-esteem as you will be helping them believe even more in their ability to do things.

**Practice Makes Perfect!** Last but not least, give your child **PLENTY** of opportunities to practice the new skills & activities which they are learning to do by themselves. Doing something only once is not enough! Consistency is certainly the key to becoming more independent and improving our overall ability to perform certain tasks.

# Monthly Newsletter

## Sensible Snakes



Dear Parents,

The month of November has been filled with fun and exciting events!

We started off the month by celebrating Flag Day at the Nursery. The children made their individual UAE flags. All of them were dressed in the colours of the flag (Red, Green, White & Black). They also created a human flag outdoors and took part in the flag day parade as well.

The festival of Diwali was also celebrated at the Nursery, wherein the children looked lovely in their traditional and colourful clothes. They also prepared some beautiful Diwali crafts and took their decorated mud diyas home.

We had our first Field Trip of the Academic Year this month too. The children visited Russo's Pizzeria and they really enjoyed this experience. They were very excited to prepare their own pizzas and eat them. Additionally, they enjoyed their bus ride too! Furthermore, towards the end of the month we celebrated National Day at the nursery. The children were dressed in traditional clothes or in the colours of the UAE flag. They participated in a couple of activities, such as: henna application, dates and hummus tasting with carrots, cucumbers and khaboos.

Throughout the month we focused on the theme: "My Dubai". The children were made familiar with the concept of 'I Live in Dubai' the national flag and national anthem. The theme involved the introduction of new vocabulary words, important and famous monuments in Dubai, the National Bird, traditional clothing and more. They were also exposed to some basic greeting words in the Arabic Language. Several theme-related activities were conducted, along with our letter-sounds and numbers introduction. In addition to the theme, the children were explained the importance of oral hygiene and how they can take care of their teeth. To reinforce this, a dental presentation was conducted by the dentist who also checked the children's teeth. Additionally, this month we also continued to focus on/reinforce personal hygiene (i.e. how to wash their hands, blow their noses and cover their mouth while sneezing).

We have had three Birthday's in our classroom this month: Julia's, Narun's and Akshatha's. Narun and Akshatha celebrated their birthday along with their family and friends in the classroom. I would like to thank the families for celebrating this special day with us.

All in all, it has been a fun-packed month! A big thank you to all the parents for the constant cooperation. All of this would not be possible without your support.

Best regards,

Mrs Shehara

Sensible Snakes (Classroom Teacher)

Below is a brief outline on how we have worked throughout the month towards developing all areas of learning:



## Personal Social and Emotional Development

- ❖ Enhancing the children's self-care skills and care towards the environment, especially during snack time (opening & closing snack box, cleaning up after eating and more).
- ❖ Encouraging children to be nice to their friends and being good helper toward the adults and peers.
- ❖ Importance of Oral Hygiene - Nursery Presentation & Dentist Visit (activity: toothbrush painting).
- ❖ Introduction of the Festival Diwali.
- ❖ Introduction of UAE (United Arab Emirates) & My Dubai.

## Communication/Language and Literacy



- ❖ Learning vocabulary words related to the Festival of Diwali.
- ❖ Reinforcement of the letters and the sounds : "S s", "A a", "Tt", "I i" and "Pp" through the Jolly phonics story, song and action, introduction of the letter sound "Nn" & "Cc".
- ❖ Learning new vocabulary words related to the "My Dubai" theme & the names of popular monuments in the city. Also, introduction of Arabic Greeting words.
- ❖ Talking about the Traditional attire of the city that we live in, as well as the spoken language, currency, food and rulers.
- ❖ Songs & Stories related to the theme.
- ❖ Line tracing, free reading time, Mark Making, Name Identification.



## Physical Development



- ❖ **Gross:** Exploring the Parachute with plastic balls. Action Song. Obstacle course. Musical Chair game. Practice different directions walking and attempt various balancing poses.
- ❖ Kiddie Gym sessions on Sundays.
- ❖ **Fine:** Free Mark-Making, sticking and coloring activities, paper tearing, cutting strips of paper, using hole punchers, paper crumbling, putting on and taking off shoes.
- ❖ Using tongs to transfer pompoms/bottle caps, transferring of sand using a funnel, transferring cotton balls into bottles/empty tissue rolls,





## Understanding of the World

- ❖ Talking about Diwali, how it is celebrated and the different aspects related to it.
- ❖ Celebration of Flag Day: Flag Day Parade.
- ❖ Introduction and focus on new theme: "My Dubai". Talking about the famous monuments placed in the city. Also, mentioning the National Animal.
- ❖ Talking about the Desert and the various characteristics of sand.
- ❖ Power Point Presentation of "United Arab Emirates" & "Dubai".
- ❖ Activity: Each class created a famous landmark of Dubai.



## Expressive Art and Design

- ❖ The letter and the sound "n" & "c" crafts (rainbow tracing and making a nest & cat).
- ❖ Winter Concert Singing and Dancing practice.
- ❖ Dance and Movement Sessions, exploring different instruments and
- ❖ Painting with small building blocks, Mixing colours (free painting).
- ❖ Flag Day Craft.
- ❖ Diwali related crafts: Decorating a diya and making a lantern/diya craft.
- ❖ Desert Sand collage.



## Mathematics

- ❖ Introduction of Number 5 identification (worksheet).
- ❖ Revision of shapes introduced (making different shapes using popsicle sticks). Introduction of the shape diamond.
- ❖ Reinforcement of numbers 1-5 using number rods.
- ❖ Introduction to 7 Emirates concept.
- ❖ Introduction of position words: up, down, in front, behind.
- ❖ "Teddy Bear Game" to develop mathematical language.



Here are a few photos of what we have been up to this month...









