

# November Newsletter



## Message from the Principal

Dear Parents,

Time really flies when you're having fun! The month of November has been super busy and now the end of term 1 is right around the corner...

During this exciting month the children were given many opportunities to experience various fun celebrations. Do check out the awesome photos of these activities which your child's class teacher has added to this Newsletter. ☺

**The dentist also came in for a visit!** In addition to checking the teeth of the children above 2 years of age, she reinforced the importance of oral hygiene & healthy eating through a fun activity with toys & puppets. With this in mind, I would like to kindly request parents to avoid giving your child sweets like lollipops, candies and chocolates, especially in the mornings. To help children develop healthy eating habits in the Early Years and ensure healthy teeth & gums, these treats should not be given on a regular basis. Cutting fruits into fun shapes with cookie cutters or giving them dried fruits, raisins, dates, etc. would be a much better and healthier option.

November is also that exciting month in which the children start preparing a special dance or activity to share with their families at the end of our first term. It has been amazing to walk into different classrooms and take a peek at what they are preparing for you! **DO make time to join us on your child's special festive or concert day!** Kindly check the calendar on this page for the date.

Looking forward to another fun-filled month!

Carol Oliveira  
Principal at TIN DSO



## Important Dates

- ❖ Sunday 2<sup>nd</sup> Dec & Mon 3<sup>rd</sup> Dec: UAE National Day Holiday (\*\*Nursery will be closed).
- ❖ Tuesday 4<sup>th</sup> Dec: Happy Hippos' Family Festive Day
- ❖ Wednesday 5<sup>th</sup> Dec: Delightful Dolphins' Family Festive Day
- ❖ Thursday 6<sup>th</sup> Dec: Playful Pandas' Family Festive Day
- ❖ **Saturday 8<sup>th</sup> Dec - Parent Teacher Meetings** 
- ❖ Sunday 9<sup>th</sup> Dec: Caring Caterpillars' Family Festive Day
- ❖ Monday 10<sup>th</sup> Dec: Terrific Tigers' Winter Concert
- ❖ Tuesday 11<sup>th</sup> Dec: Sensible Snakes' Winter Concert
- ❖ Wednesday 12<sup>th</sup> Dec: Brilliant Bears' Winter Concert
- ❖ **Thursday 13<sup>th</sup> Dec: Last Day of Term 1! Please Note:** On the last day we will have our end of term party, as well as a special music session with Kiddie Gym and a visit from Santa Claus! ☺ More details will soon follow.
- ❖ **WINTER CAMP:** 16<sup>th</sup> Dec - 3<sup>rd</sup> January (\*\*1<sup>st</sup> Jan is a Public Holiday. Nursery will be closed).

# The Day the Dentist Came to Visit...



## How to Help your Child Become More Independent

(By Carol Oliveira)



We also had a workshop this month! It focused on the importance of helping children to become more independent. Here are a few tips on how to support your little ones in this area on a daily basis:

**Give them time!** We're often in a rush & end up not giving our child enough time to complete tasks. Children will certainly do things slower than us, but **be patient** & allow them to follow their own pace. This is a **must** in order for them to improve their ability to do things independently!

**Allow them to make choices:** This will empower them & teach them to be more self-reliant. Of course there are certain things which they **MUST** do, like taking a shower. Nonetheless, even in this case you can still give them a choice! For example: *"Would you like to take a shower now or in 5 minutes?"*

**Forget Perfection!** It is very unlikely that children will do things perfectly when they are learning. The food might be all over the place when they feed themselves, shoes might be put on the wrong feet, they might spill juice when pouring it, etc. Getting upset over these mistakes will only discourage children from trying. Instead, get into a habit of praising their efforts & guiding them on how to fix the problem or do better next time.

**Trust & Encourage:** Allowing your child to do things independently & encouraging them to try new things on their own shows them that we trust & believe in them. And isn't it great when we feel people trust us to do things?! Your child feels the same way! Your encouragement, trust and support will boost their self-confidence and enhance their self-esteem as you will be helping them believe even more in their ability to do things.

**Practice Makes Perfect!** Last but not least, give your child **PLENTY** of opportunities to practice the new skills & activities which they are learning to do by themselves. Doing something only once is not enough! **Consistency** is certainly the key to becoming more independent and improving our overall ability to perform certain tasks.

# Monthly Newsletter

November 2018



Dear Parents,

November has gone by in a flash and now, with just 2 weeks left until the end of the term, I'm looking forward to the many exciting and fun activities we have planned ahead...

During the month of November we welcomed our new friend Ayla to our Happy Hippos class!

This month we learnt all about **DUBAI**! We started off by celebrating **FLAG Day** and learning all about our U.A.E. flag. We learnt that each colour symbolises something different and it connects all of the 7 Emirates. It was fun learning the number song in Arabic too. Some of our friends taught me the correct pronunciation. 😊

Next, we celebrated **DIWALI**. We learnt all about this beautiful light festival and made our very own colourful and glittery diyas to share with you. The children really enjoyed coming dressed up in traditional Indian clothes and dancing to some catchy Indian songs.

We also tried to continue our healthy lifestyle and healthy eating theme this month by having the dentist visit us and choosing to take our children on a field trip to Russo's Pizzeria to make their very own little pizzas using fresh & healthy ingredients. The children absolutely **LOVED** rolling out their own dough, putting sauce on it, adding toppings and then watching their pizzas go in the oven. They even got their own little certificates for becoming little pizza chefs. I'm pretty sure they enjoyed making the pizza even more than the rest of it though! Yum-yum!

It was a crazy, busy month and we have also been practicing for our Family Festive Day, which is promising to be an absolutely amazing event!

I can't wait to see what the last couple of weeks of the term bring!

Ms Farida

# Here are some photos of what we've up to this month:



**RUSSO'S**  
—NEW YORK—  
PIZZERIA



# PIZZA's going to the OVEN



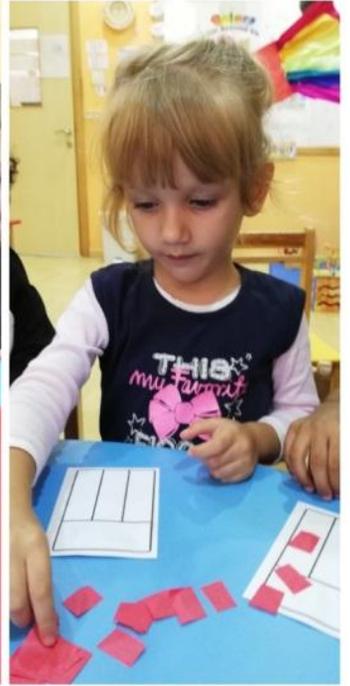
# It's time to EAT ... YUMMY



# Celebration time- DIWALI



# FLAG DAY...making our flags



# Using TISSUE ROLLS for building...oohh and then giggles saying "I SEE YOU"



# OUTDOOR EXERCISE FUN



Mama called the doctor...



DOCTOR 😊

# HAPPY BIRTHDAY DEAR GURBANI 😊



Thank You for the yummy treats Gurbani!

# Trying to TRACE the LINES



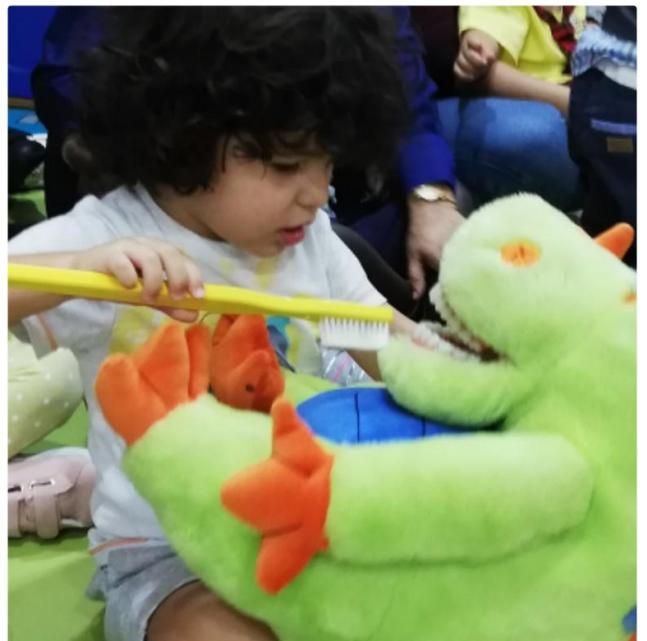
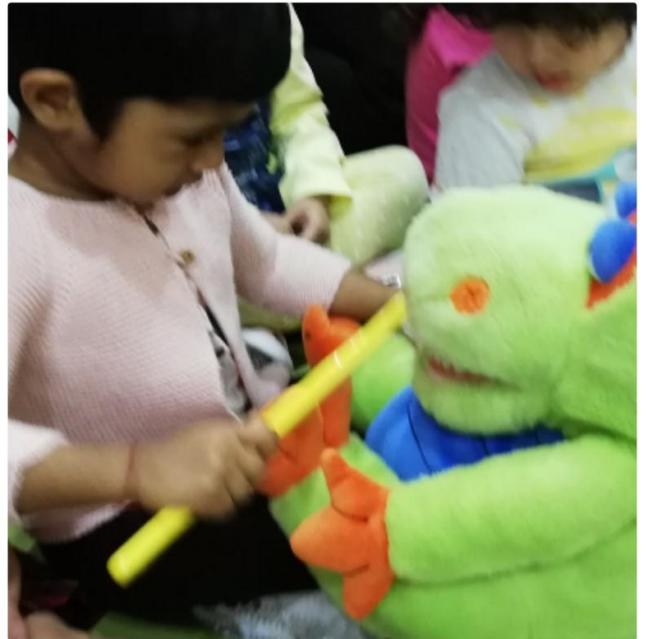
# KIDDIE GYM 😊



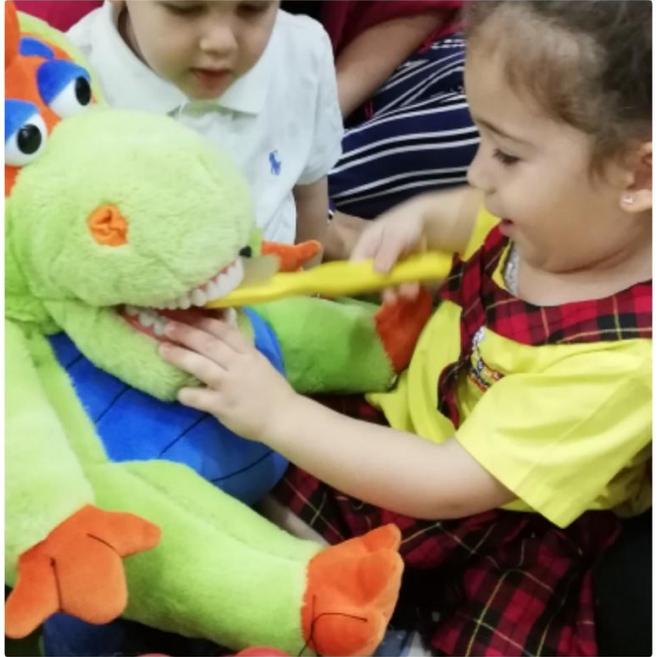
# BALL FUN!



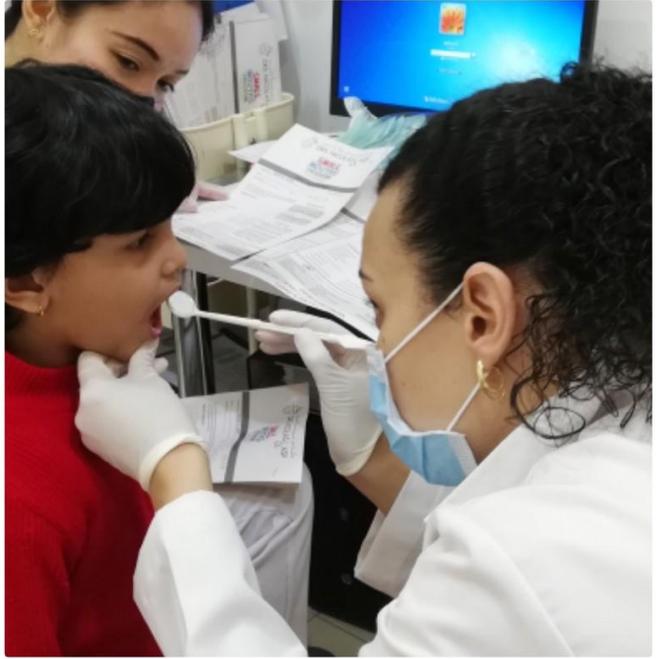
# DENTIST VISIT!



# THIS IS THE WAY WE BRUSH OUR TEETH 😊



# COUNTING OUR TEETH!



# OUR LITTLE BRAVE FRIENDS



# National Day Celebration



# EXPLORING 3D DUBAI CRAFTS



# YUMMY IN MY TUMMY

