

November Newsletter



Message from the Principal

Dear Parents,

Time really flies when you're having fun! The month of November has been super busy and now the end of term 1 is right around the corner...

During this exciting month the children were given many opportunities to experience various fun celebrations. Do check out the awesome photos of these activities which your child's class teacher has added to this Newsletter. ☺

The dentist also came in for a visit! In addition to checking the teeth of the children above 2 years of age, she reinforced the importance of oral hygiene & healthy eating through a fun activity with toys & puppets. With this in mind, I would like to kindly request parents to avoid giving your child sweets like lollipops, candies and chocolates, especially in the mornings. To help children develop healthy eating habits in the Early Years and ensure healthy teeth & gums, these treats should not be given on a regular basis. Cutting fruits into fun shapes with cookie cutters or giving them dried fruits, raisins, dates, etc. would be a much better and healthier option.

November is also that exciting month in which the children start preparing a special dance or activity to share with their families at the end of our first term. It has been amazing to walk into different classrooms and take a peek at what they are preparing for you! **DO make time to join us on your child's special festive or concert day!** Kindly check the calendar on this page for the date.

Looking forward to another fun-filled month!

Carol Oliveira
Principal at TIN DSO



Important Dates

- ❖ Sunday 2nd Dec & Mon 3rd Dec: UAE National Day Holiday (**Nursery will be closed).
- ❖ Tuesday 4th Dec: Happy Hippos' Family Festive Day
- ❖ Wednesday 5th Dec: Delightful Dolphins' Family Festive Day
- ❖ Thursday 6th Dec: Playful Pandas' Family Festive Day
- ❖ **Saturday 8th Dec - Parent Teacher Meetings**
- ❖ Sunday 9th Dec: Caring Caterpillars' Family Festive Day
- ❖ Monday 10th Dec: Terrific Tigers' Winter Concert
- ❖ Tuesday 11th Dec: Sensible Snakes' Winter Concert
- ❖ Wednesday 12th Dec: Brilliant Bears' Winter Concert
- ❖ **Thursday 13th Dec: Last Day of Term 1! Please Note:** On the last day we will have our end of term party, as well as a special music session with Kiddie Gym and a visit from Santa Claus! ☺ More details will soon follow.
- ❖ **WINTER CAMP:** 16th Dec - 3rd January (**1st Jan is a Public Holiday. Nursery will be closed).



The Day the Dentist Came to Visit...



How to Help your Child Become More Independent

(By Carol Oliveira)

We also had a workshop this month! It focused on the importance of helping children to become more independent. Here are a few tips on how to support your little ones in this area on a daily basis:

Give them time! We're often in a rush & end up not giving our child enough time to complete tasks. Children will certainly do things slower than us, but **be patient** & allow them to follow their own pace. This is a **must** in order for them to improve their ability to do things independently!

Allow them to make choices: This will empower them & teach them to be more self-reliant. Of course there are certain things which they **MUST** do, like taking a shower. Nonetheless, even in this case you can still give them a choice! For example: *"Would you like to take a shower now or in 5 minutes?"*

Forget Perfection! It is very unlikely that children will do things perfectly when they are learning. The food might be all over the place when they feed themselves, shoes might be put on the wrong feet, they might spill juice when pouring it, etc. Getting upset over these mistakes will only discourage children from trying. Instead, get into a habit of praising their efforts & guiding them on how to fix the problem or do better next time.

Trust & Encourage: Allowing your child to do things independently & encouraging them to try new things on their own shows them that we trust & believe in them. And isn't it great when we feel people trust us to do things?! Your child feels the same way! Your encouragement, trust and support will boost their self-confidence and enhance their self-esteem as you will be helping them believe even more in their ability to do things.

Practice Makes Perfect! Last but not least, give your child **PLENTY** of opportunities to practice the new skills & activities which they are learning to do by themselves. Doing something only once is not enough! **Consistency** is certainly the key to becoming more independent and improving our overall ability to perform certain tasks.

tiny tots –caring caterpillar

November 2018

Dear parents,

November was busy and colourful month, children learned about Diwali celebration festive of light and colours which children enjoyed exploring.

We also explored Dubai our topic of this month, children learned about the beautiful towers in Dubai which inspired us to create the tallest tower in the world the Burj Khalifa, which we made with recycling materials with tissue boxes, toilet rolls and kitchen towel rolls that children brought from home, thank you parents for your contribution😊

And we also explored uae culture and hospitality during our national day celebration.

our trip to Russo's was a big success which we would have done it without your help thank you😊 children enjoyed exploring different taste and textures at Russo's they loved making preparing , baking and of course eating their pizza😊

Dates to remember; **December 8th** our parents-teacher meeting timing are already booked and confirmed. And **December 9th** our winter festive day

Please find below our photos gallery

Best Regards

Ms Joudia





