

January Monthly Newsletter



Message from the Principal

Dear Parents,

Happy 2019! On behalf of our staff, I would like to welcome back all of our returning families & extend a very warm welcome to our new children and their parents too. It has been wonderful to see how much most of our returning children have grown over the Winter break, and also a great pleasure to meet and get to know some of our new students and their families during the month of January. We look forward to working very closely with each of you throughout term 2 in order to best support your child at this very important stage of their lives.

Although our first month of the term is now over, some of our children (mostly the ones who joined us later on during the term), are still going through the **settling in stage**. This is absolutely normal and no reason for concern! Most children tend to take 2 to 3 weeks to settle and, even after this time, some might still get occasionally upset - especially after being away from the nursery for some time or right after the weekend. **To best support your child at this stage DO ensure that you stick to the timings which have been given to you by your child's class teacher during the settling in period.** Extending your child's timings abruptly will often have a negative impact on how they settle into this new environment. If you ever feel the need to talk about any issues related to your little one's settling in at the nursery or any other aspect of their education or development, please feel free to come in and see me. At TIN we have an **Open Door Policy**. Hence, as long as I am not in another meeting, I will be happy to see you at any time. ☺

Lastly, please do not forget to make note of your child's **upcoming Sports Day**. The children have been practicing really hard for this event and we look forward to seeing all of you here! ☺

Kindest regards,
Carol Oliveira - Principal at TIN DSO



Important Dates - February

- ❖ 12/02: Fire Drill
- ❖ 17/02: Sports Day:
Playful Pandas: 8:45am - 9:30am
Happy Hippos: 9:45am - 10:30am
- ❖ 18/02: Sports Day:
Delightful Dolphins: 8:45am - 9:30am
Caring Caterpillars: 9:45am - 10:30am
- ❖ 24/02: Sports Day:
Brilliant Bears: 8:45am - 9:30am
Sensible Snakes: 9:45am - 10:30am
Terrific Tigers: 10:45am - 11:30am
- ❖ 25, 26, 27/02: Class Photographs
- ❖ 28/02: Jungle Dress up Day



Arrivals & Dismissals

Please ensure that your child is at the Nursery by 8:30 am. Punctuality is vital as being late and missing out on part of their daily routine can be very upsetting for a child. Dismissal time for those who are not part of our Extended Day Programme is from 12:10pm-12:30pm. Those taking part in our extended day programme have an option of being collected at 2pm, 5pm or 6pm. Late collections can also be truly upsetting for a child, especially during the settling in period.

PLEASE NOTE: As many children were being picked up late on a daily basis, we have now once again put in place a late pick up fee which will have to be paid by all parents who are late to pick up their child. **Having more than the number of children booked for a particular time slot can impact the safety of your little ones as the number of staff members assigned to the different time slots is based on the number of children enrolled until that particular time.** If you have any concerns regarding the late pick up fee or would like to extend your child's timings, please see our Admin Dept. **Your support with this matter is greatly appreciated.** ☺



School Readiness

The Importance of Personal, Social & Emotional Development for Preschool Children



It's that time of the year in which parents start getting very concerned about the dreaded school assessments and often worry if their child will be able to pass it or not. With this in mind, I've decided to dedicate a part of this newsletter to an area of development that often tends to be forgotten by mummies and daddies but which plays a very important role in getting your child accepted in a 'big' school. So let's talk about **Personal, Social & Emotional Development**...

Parents often tend to think that school assessments are all about ABC's and 123's but there's more to them than that. I can't emphasize enough how important a child's Personal, Social and Emotional Development is when it comes to them being accepted in a new school. But what does this mean exactly? Here are a few very important points related to this area of development which you should keep in mind before your child attends his/her school assessment(s):

- ❖ **Emotional confidence & the ability to let go of mum/dad:** By the time your child joins school he/she should be able to separate from you without a great struggle. Therefore, in many school assessments examiners will often observe if your child is able to do this too. Although 'separation anxiety' is a normal part of child development, by the time children are 2+ this should have ideally disappeared. **How can you help?** Give your little one PLENTY of practice by encouraging him/her to walk to class at the nursery on a daily basis. Avoid carrying them to class and, whenever possible, try and drop them by the gate. Giving your child the opportunity to play, interact and even spend some time with other people rather than only mum or dad can also help a lot.
- ❖ **Become more Independent:** When your child joins school, he/she will be expected to do a lot of things on their own, which includes: taking care of their belongings & tidying up, asking for what they need/want, using the washroom and eating independently. Although the examiner will not be able to observe all of these skills during the assessment, they might often look for 'clues' as to how self-reliant your child is. **How can you help?** Once again, practice makes perfect! Therefore, DO ensure that you give your child many opportunities to be independent at home and constantly give them a chance to practice the skills mentioned above. Moreover, if your child is nearly 3 or 3+ you can also try to encourage them to be more independent when you go out. For example: Have them help you with the grocery shopping and perhaps even buy an item by themselves too. Needless to say, always observe that they are safe and fine!
- ❖ **Basic Social Skills:** Some schools tend to hold assessments in small groups. If this is the case, they will often observe how your child interacts with others and if he/she is willing to follow instructions, share and take turns. Even if the assessment is held on a one-to-one basis with the examiner, having some basic social skills can also go a long way in creating a good first impression. This includes: responding to greetings (i.e. "Good morning?" "How are you?") and being able to answer some basic questions (i.e. "What's your name?"). **How can you help?** Encourage your child to greet others and do ensure that they see you doing this too. Arrange play dates and give them daily opportunities to socialize and interact with other people rather than only with their immediate family.
- ❖ **Bedtime Routine:** Children who didn't get a good night sleep often feel grumpy and emotional the next day. Hence, going for an early morning assessment after sleeping late is definitely not a good idea! **How can you help?** Establish a fairly consistent bedtime routine at home for your child and ensure that he/she goes to bed early on the day before the assessment. **Children between 3-5 years of age should sleep from 10-13 hours per night.**

I hope this helps! ☺

If you have any other queries with regards to school assessments, do not hesitate to contact us.

Happy Hippos – Nursery Programme

January 2019 – Monthly Newsletter

Dear Parents,

Our topic for this month was '**Sports and Movement**' and the children were super active by doing various forms of sports activities. Our young friends started the new year with great excitement and enthusiasm! The weather was getting colder and thus we indulged them in numerous warm up activities, starting with activities that involved different types of exercises along with coordinated movement sessions.

Our Happy Hippos had loads of fun learning about and experimenting with the different types of balls used in sports too. This also gave the children a large amount of sensory experiences. Additionally, we played parachute games, throwing the ball in baskets, and football games (learning to kick the ball). We have used various forms of balls in messy play, such as washing balls along with activities with round objects and foam which they thoroughly enjoyed. The children also made their own medals and really enjoyed wearing them too. Moreover, the children have been going to Kiddie Gym sessions and for Yoga Practice, giving their bodies a nice stretch for better growth. We have also read exciting stories related to this topic.

Finally, we had a lovely photo shoot which they were extremely enthusiastic about and we have also started to practice for the upcoming Sports Day in February.

Looking forward to the start of a new month with a new, fun and exciting theme for our Hippos Class. ☺

Best wishes,
Ms. Ayesha

Home Connections

To help our children understand more about this month's theme, on weekends or free time you can take your little one to visit a Sports Stadium or any other place related to sports activities! For example, you can go visit a Basketball Court or a Football Court and also at home you can play small Hula hoop games or Hurdle Race.

Please feel free to ask for more ideas ☺.

Here are a few photos of what
we have been up to this month...





